A. Toss:
1. Before starting play, the opposing players shall toss a coin or spin the racket. The winner shall have the option of: serving or receiving. The loser: choosing side of court.

B. Serving:
1. In tennis, play is started with the serve which is made by tossing the ball into the air and hitting it with the racket before it touches the ground. The server stands behind the baseline and to the right or left of the center mark, but not outside the singles sideline.
2. The serve for the first point of a game always begins to the right of the center mark and is made to the opponent's right service court. After each point is played, alternate service court. The same individual continues serving until the game is completed.
3. The server has two attempts to put the ball into play.
4. The serve is a fault if the server:
   - Does not take the proper position before serving.
   - Commits a foot fault. (Foot touches baseline anytime prior to hitting ball.)
   - Fails to hit the ball into the proper service court.
   - Misses the ball in attempting to; strike it.
   However, the server may toss and catch the ball without penalty.
4.1 If any of these occurs on the first serve, it is a fault.
4.2 If any of these occurs on both serves, it is a double fault, and the point is lost.
5. The ball must clear the net and land in the proper service court before being hit by the receiver. However, after the service, the ball may be hit before it bounces. A ball touching the line is considered good.

C. Scoring the Game:
1. The server is responsible for announcing the score before the service. The server's score is always called first.
2. A game equals four points. The scoring in tennis is 15 for the first point won, 30 for the second, 40 for the third point won, and "game" for the fourth point. A score of zero is referred to as "love". When each player has a score of 40, the score is "deuce". If the server wins the next point, the score is called "ad in" if he/she wins the following point, it is the game. If the receiver wins the first point after deuce, the score is called "ad out", and if he/she wins the next point, it is his/her game. However, if after the score is either "ad in" or "ad out", and the other player wins the next point, the score then becomes deuce again.
3. A set is concluded when one player wins 6 games. At 6-all, a tie-break must be played. The tie-break is played up to 7 but the winner must win by 2 points. (Ex. 8-6, 10-8 etc.)
4. A match consists of a player winning 2 out of 3 sets.
5. All games will be self-officiated and are based on the "honor" system

D. Changing Sides:
1. The players change sides of court at the end of the first, third, and every subsequent alternate game of each set, and at the end of each set, unless the total number of games in such a set is even, in which case the change is not made until the end of the next set. The order of service does not change between subsequent sets. During the tie break, sides are changed at a total of 6 points between the two players. Players change ends every six points.

E. Let:
1. A let is a ball which strikes the net, strap or hand, but lands in the proper court on the serve.
2. A let is called when a player is unable to play a shot due to circumstances beyond his/her control, such as interference by a ball or a player from another court.
3. A let occurs if a serve is delivered before the receiver is ready. If however, the receiver attempts to return the serve, he/she is considered to be ready.
4. When a let occurs on a serve, only that serve is repeated.
5. The ball is in play if it hits the net during the subsequent play after the serve.

F. **Player Loses Point:**
1. If the ball bounces twice on a player's side of the net or if a player does not return the ball to his/her opponent's court.

2. If a player's body, clothing or racket touch the net while the ball is in play.

3. If a player reaches over the net to play a ball unless the ball has bounced back over the net due to a spin or the wind.

4. If the ball is hit twice while on his/her side of the court.

(Updated July 28, 2011—CB)