The Windows Start Menu
Clicking the Start button takes you to a redesigned Start Menu.

1. **Most Used** - Opens your most frequently used programs.

2. **Alphabetical List** – Clicking on one of the letters above your programs brings you to an alphabetical list menu. This allows you to quickly access programs based on their first letter. For instance, clicking 'W' from the Alphabetical list takes you to the programs that begin with the letter 'W'.

3. **Account Options** - Takes you to options to lock, switch user, or sign out of computer.

4. **Settings** – Opens Windows Settings where you can adjust a variety of computer settings.

5. **Power Options** – Takes you to your computer’s power options. ITS recommends computers be restarted a minimum of once every two weeks.