

# Recreation and Wellness 2013-2014

## Annual Assessment Report

1. PURPOSE, MISSION & GOALS (Brief description. No more than half a page. *Purpose is the essential reason(s) the program or unit exists.* Mission and Purpose are sometimes used interchangeably. A Mission Statement includes purpose along with a sense of values, optimism or direction. For example: Purpose: To serve food. Mission Statement: To serve high quality food for catered events) in major universities. You can state either purpose or mission. In either case, it must be accompanied by goals.

### **Rec and Wellness Department & Mission**

Here at Armstrong, the Mission of the Department of Recreation and Wellness is to enhance students' fitness and wellness, knowledge, personal skills and enjoyment by providing:

- Opportunities for a variety of activities that may contribute to individual physical and mental fitness and wellness.
- Opportunities for cooperative and competitive play activity.
- A medium through which students can learn and practice leadership, management, program planning and intrapersonal skills.
- Access to quality facilities, equipment and programs.

2. KEY PROGRAMS, ACTIVITIES AND SERVICES PROVIDED (Brief description--highlight notable accomplishments this year. No more than one page. Can use short paragraphs, bullets, tables, charts, whatever is appropriate)

- Group Fitness
- Personal Training
- Wellness Programs
- Outdoor Adventure Programs
- Intramurals
- Sport Clubs
- Building Operations

3. SPECIFY THE GOAL(S) AND RELATED OUTCOMES ASSESSED THIS YEAR (In relation to the program's mission and stated goals and/or an action item from the Strategic Plan)

**Goals:**

1. Prepare our student staff to effectively provide service to our patrons through solid knowledge of their position duties.
2. Provide quality programs and services to our patrons

**Learning Outcomes:**

- Flag Football Officials Training
- Score Keepers Training: Fall & Spring
- Volleyball Officials Training
- Basketball Officials Training
- Softball Officials Training
- Soccer Officials Training
- Sport Club Officers Training
- Recreation Assistant Safety Training

4. SPECIFY THE ASSESSMENT TOOL (S) USED. (This is where the data comes from. For example, a national survey, a focus group, a sign-in sheet, observation logs, a locally developed questionnaire, enrollment reports, a student exit interview, receipts, task orders, a competency test, etc.)

**Method of Assessment:**

- At the end of Flag Football Official's Training, officials will be able to correctly answer questions related to local and national Flag Football rules with at least 72% efficiency on a 25 question test (18/25). Officials will be evaluated during live game situations during the season.
- At the end of Flag Football Official's Training, veteran officials will be able to correctly answer questions related to local and national Flag Football rules by taking a Level 2 or Level 3 exam. Level 2 exams will require a passing grade of 80% (20/25) and the Level 3 exam will require a passing grade of 92% (23/25). Officials will be evaluated during live game situations during the season.
- At the end of Scorekeeper Training, staff will be able to correctly answer questions related to policies, procedures, and practices related to scorekeeping with at least 75% efficiency on a 25 question test (18/25). Scorekeepers will be evaluated during the season based on the quality of the work displayed.
- At the end of Volleyball Official's Training, officials will be able to correctly answer questions related to local and national Volleyball rules with at least 75% efficiency on a 25 question test (18/25). Officials will be evaluated during live game situations during the season.
- At the end of Basketball Official's Training, officials will be able to correctly answer questions related to local and national Basketball rules with at least 75% efficiency on a 25 question test (18/25). Officials will be evaluated during live game situations during the season.
- At the end of Softball Official's Training, officials will be able to correctly answer questions related to local and national Softball rules with at least 75% efficiency on a 25 question test (18/25). Officials will be evaluated during live game situations during the season.
- At the end of Soccer Official's Training, officials will be able to correctly answer questions related to local and national Soccer rules with at least 75% efficiency on a 25 question test (18/25). Officials will be evaluated during live game situations during the season.
- At the end of Sport Club Officer Training, officers will be able to correctly answer questions related to Armstrong Sport Club policies and procedure with at least 80% efficiency on a 25 question test (20/25). Officers will be evaluated during the academic year based upon the quality of the forms turned into the department.

- At the end of Recreation Assistant Safety Training, staff will be able to correctly answer questions related to Armstrong Recreation & Wellness safety policies and procedure with at least 80% efficiency on a 23 drill question test throughout spring semester.

5. RESULTS OF KEY ASSESSMENTS (What did you find? Provide a summary of the data, your analysis and interpretation to explain the data. No more than 2 pages)

**Learning Outcomes:**

- Flag Football Officials Training: Assessment Complete 1<sup>st</sup> test was a 56%, 2<sup>nd</sup> test was 84%
- Score Keepers Training: Fall & Spring: Assessment Complete 1<sup>st</sup> test was 80%, 2<sup>nd</sup> test was 96%
- Volleyball Officials Training: Assessment Complete 1<sup>st</sup> test was 64%, 2<sup>nd</sup> test 92%
- Basketball Officials Training: Assessment Complete 1<sup>st</sup> test was 48%, 2<sup>nd</sup> test 92%
- Softball Officials Training: Assessment Complete: 1st test was 60%, 2<sup>nd</sup> test 87%
- Soccer Officials Training: Assessment Complete: 1<sup>st</sup> test was 65%, 2<sup>nd</sup> test was 90%
- Sport Club Officers Training: Assessment Complete: The average score on the pre- test was 16, with a low of 9 and a high of 21. Following the two hours training session, the officers were retested. The average test score improved to 23 with a low of 21 and a high of 25.
- Recreation Assistant Safety Training: Assessment Complete: Based on the 23 tests, the average score for all testing was a 97